



North Middlesex Community  
confronts the dangers of  
prescription drug abuse

To learn more about us,  
visit our website  
[nmcommunitycares.org](http://nmcommunitycares.org)

## Senior Citizens: What you should know about opioid prescriptions

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Presented by MA District Attorney Marion Ryan

Monday, April 24th, 2017

Townsend Senior Center, 16 Dudley Rd., Townsend, MA

12:45-2:15

Refreshments will be served

**This FREE program is open to our seniors  
Complimentary File of Life refrigerator magnets and personal wallet cards  
to all seniors who attend.**

Have you ever had an operation for which you were prescribed pain medication, such as a hip or knee replacement? Do you suffer from chronic pain, such as arthritis or osteoporosis? Chances are you have been prescribed an opioid, even if you were unaware (e.g., Percocet, Vicodin, OxyContin, Fentanyl). Whether you actively take an opioid or have had a prescription for one in the past, there is important information about which seniors need to be aware.

With the Commonwealth of Massachusetts in the midst of an unprecedented public health epidemic, Middlesex District Attorney Marian Ryan has developed a safety program for senior citizens to raise awareness about the opioid crisis, specifically how it directly impacts you.

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### **District Attorney Ryan will also discuss:**

- far-reaching effects of this problem
- tips on how to manage prescription medication using the File of Life program
- ways to safeguard medication from theft
- how to properly dispose of unused or expired medication
- how to identify signs of drug addiction in a loved one
- how to get them help